Self Audit

NAME : Example Report ID # : 000-00-0000

AGE: 31 SEX: Male CONFIDENTIAL REPORT

ETHNI CI TY/RACE: Caucasi an EDUCATI ON : G. E. D. MARI TAL STATUS: Marri ed DATE OF BI RTH : 04/21/1991 DATE SCORED : 03/02/2022

Self-Audit results are confidential and are working hypotheses. No diagnosis or decision should be based solely upon these results. These test results are to be used in conjunction with experienced staff judgment and review of available records.

MEASURES	%i l e	SELF-AUDIT PROFILE			
		- LOW RISK	- MEDI UM	- PROBLEM- MAX-	
TRUTHFULNESS	85		-		
RESISTANCE	90				
VIOLENCE	90		-		
ALCOHOL	53	-	-		
DRUGS	75				
		0 PE	40 ERCENTI LE SCOR	70 90 100 ES	

SUMMARY

These Self-Audit (SA) scores are Truth-Corrected and accurate. He will frequently be resistant and uncooperative. This client is dangerous to self and others. Treatment for alcohol-related problems is not needed. If not 'recovering,' illicit drug abuse is likely.

A Self-Audit scale score at or above the 90th percentile is indicative of serious problems. Review the following scales carefully: RESISTANCE, VIOLENCE, MORALE, SELF-ESTEEM scales. This individual manifests many serious problems and needs help. A referral to a licensed mental health practitioner for a psychological or psychiatric evaluation, diagnosis and treatment plan appears warranted. Prompt referral or intervention is needed.

The Distress, Morale, Self-Esteem and Stress Coping Abilities Scales are printed on the next page.

MEASURES	%i l e	SELF-AUDIT PROFILE				
		- LOW RISK - MEDIUM - PROBLEM- MAX-				
DISTRESS	88					
MORALE	92					
SELF- ESTEEM	96					
STRESS COPING	94					
		0 40 70 90 100 PERCENTILE SCORES				

SUMMARY

This individual experiences distress (pain or suffering). Poor self-confidence and low morale are apparent. Very serious self-esteem problems are evident (suicidal?). Serious stress coping problems are present.

* * SUMMARY PARAGRAPHS EXPLAINING CLIENT'S ATTAINED SCALE SCORES * *

TRUTHFULNESS SCALE: PROBLEM RISK RANGE

This client's Truthfulness Scale score is in the problem risk (70 to 89th percentile) range. Problem risk scores are defensive and guarded regarding their self-disclosure. A conscious attempt to present self in an overly favorable light is evident. Other Self-Audit scale scores should be accurate because they are Truth-Corrected. However, some problem minimization is possible. Denial and defensiveness to further inquiry can be anticipated.

RESISTANCE SCALE: MAXIMUM-LOW RISK RANGE RISK PERCENTILE: 90 Resistance to help, assistance, structure or authority is evident and acting-out behavior may result. These individuals are complaining, uncooperative, demanding argumentative and hostile. They often resent even minimal limits or expectations. This client is genuinely resistant. Interpersonal conflict and relationship problems are likely. This client's Resistance Scale score is in the very high resistant (90 to 100th percentile) range.

VIOLENCE SCALE: MAXIMUM-LOW RISK RANGE RISK PERCENTILE: 90 This client's score on the Violence Scale is in the High Risk (90 to 100th percentile) range. High risk scorers are hostile and violent people. Any assaultive on violence involved arrests/convictions would increase the probability for violence even more. Counseling (individual or group) or even a referral for a psychological evaluation (diagnosis, prognosis and written treatment plan) might be warranted.

ALCOHOL SCALE: MEDIUM-LOW RISK RANGE RISK PERCENTILE: 53 Alcohol use is present, however, an established pattern of alcohol is not evident. This client's Alcohol Scale score is in the Medium Risk (40 to 69th percentile) range. Risk of alcohol abuse is low. Treatment for alcohol-related problems does not appear to be needed at this

time. Any prior alcohol-related arrests, e.g., $\hbox{DUI/DWI}\,,$ would upgrade the risk of alcohol abuse.

DRUGS SCALE: PROBLEM RISK RANGE

This individual's Drugs Scale score is in the Problem Risk (70 to 89th percentile) range. Drug abuse is likely, or this person is a "recovering" (drug problem, but has stopped using) drug abuser. If recovering, relapse risk is high. Consideration might be given to drug treatment and/or Narcotics Anonymous (NA) or Cocaine Anonymous (CA) meetings.

DISTRESS SCALE: PROBLEM RISK RANGE

This client's Distress Scale score is in the Problem Risk (70 to 89th percentile) range. Problem risk scorers reflect considerable worry, apprehension and unhappiness. This is a troubled client. Areas of inquiry might include this person's life situation, adjustment and emotional equilibrium. Considerable distress is evident and this individual would benefit from counseling. This is a problem risk Distress Scale score.

MORALE SCALE: MAXIMUM-LOW RISK RANGE

This client's Morale Scale score is in the High Risk (90 to 100th percentile) range. High risk scorers manifest poor emotional morale characterized by a lack of optimism and hope. High risk scorers are often silent, retiring and even depressed. Counseling (individual or group) might be helpful.

SELF-ESTEEM SCALE: MAXIMUM-HIGH RISK RANGE RISK PERCENTILE: 96 There are unusual qualities to this client's rejection and disapproval of self which may involve serious emotional problems. This score may indicate confusion, guilt, suicidal ideation, or an attempt to portray self negatively (fake bad). Referral to a certified/licensed mental health professional for a diagnosis of treatment plan is warranted.

STRESS COPING SCALE: MAXIMUM-LOW RISK RANGE RISK PERCENTILE: 94 This is a High Risk (90 to 100th percentile) Stress Coping Abilities Scale score. Poor stress coping abilities are evident. Stress or this person's ineffective coping abilities are contributing to this persons adjustment problems and concerns. This client needs stress management skills. Consideration should be given to referral for a psychological evaluation (diagnosis, prognosis and treatment plan).

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SECTION 2: SIGNIFICANT ITEMS: These answers are the respondent's self-reported responses. They represent direct admissions or unusual answers, which may help in understanding the individual's situation.

ALCOHOL

10. Sometimes drinks too much

75. In last year a drinking prblm.

DRUGS

5. Smokes pot socially

21. Attended NA or CA meetings

28. Drug problem in past 77. In treatment for drugs

SIGNIFICANT ITEMS (continued):

STAFF MEMBER SIGNATURE

DISTRESS VI OLENCE 6. At times can't control self 20. States nobody to talk to 27. In last 10 yrs mental hospital 29. When angered--dangerous 30. Admits not happy with life 70. More dangerous than peers 72. States no close friends 78. Often filled with hate 76. Feels cannot go on **RESI STANCE** MORALE σ. νoesn t want help 16. Doesn't want to discuss prblms. 23. Often feels nobody cares 30. States not happy with life 31. Lacks dosing to the lacks. 32. Wants to be lack. 61. Family/friends don't help 76. Feels cannot go on 32. Wants to be left alone 46. States doesn't want help 59. Doesn't want help 85. Doesn't feel good about self 79. Often resistant/defiant SECTION 3: The person's answers to multiple choice items are printed below. It should be noted that these answers represent the respondent's opinion--with all of its biases. These multiple choice answers allow comparison of the person's subjective opinions with objective and empirically based scale scores. 147. No serious family problems 148. Not a "recovering" person 149. Not a 12-step person 150. Drinking: no problem 151. No alcohol treatment programs 152. No willing to accept hell 153. No moral e problem 154. Not willing to accept hell 155. No moral e problems 156. No self-esteem problems 157. Not suicidal or homicidal 158. No stress problems 158. No stress problems 154. Not willing to accept help 159. Not in a treatment program 152. Drugs: no problem 159. Not in a treatments 160. No support group 153. No drug treatment programs RECOMMENDATIONS AND/OR COMMENTS: _____

SELF-AUDIT RESPONSES

DATE

1- 50	TFFFTTFFFT	TTFFFTTTTT	TTTTTTTT	TTTFFFFFFF	FFFFFFFFF
51-100	FFFFFFFFF	FFFFFFFFT	TTTTTTTTF	FFFFFFFFF	FFF1234432
101-150	444441111	1113232323	232222222	3333333333	3333334444
151-160	444444444				